

成人體重控制小組 (初級班)

課程編號: DFNS9033



☎ 2975 5881

✉ dietclin@hkuspace.hku.hk



本小組由註冊營養師主理，內容包括個別體重及身體脂肪分析、保持健康體重與控制飲食的方法、出外飲食建議、食品標籤解讀、建議食譜及食譜改良法等 (不包括個別餐單/建議)。此外，專業健體教練將提供體重控制的運動指引。每組名額七人。

R 對健康飲食及體重控制有興趣的人士

\$ HK\$1,280; HK\$1,152 (優惠適用於香港大學/香港大學專業進修學院員工/學生 (需持有效學生證)、香港大學專業進修學院校友會會員、50歲或以上年長學員)

D 共5講，每周1講

成人體重控制小組 (中級班)



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修畢成人體重控制小組 (初級班) 的學員，相信對於健康飲食方面已有一定認識。如想對均衡飲食有更進一步瞭解，成人體重控制小組 (中級班) 可提供更多實用的營養知識，助學員輕鬆踏上健康人生路。每組名額七人。

R 修畢成人體重控制小組 (初級班)

\$ HK\$1,280; HK\$1,152 (優惠適用於香港大學/香港大學專業進修學院員工/學生 (需持有效學生證)、香港大學專業進修學院校友會會員、50歲或以上年長學員)

D 共5講，每周1講

運動營養小組



☎ 2975 5881

✉ dietclin@hkuspace.hku.hk



本小組由運動營養師主理，專為希望通過良好的飲食方法，改善體能及提升運動表現的人士而設，讓學員有充分機會探討自身運動及相關的營養課題。學員將獲得個別體重及身體脂肪的分析評估，學習檢討個人的飲食習慣及改善營養飲食方法。每組名額七人。

\$ HK\$1,280; HK\$1,152 (優惠適用於香港大學/香港大學專業進修學院員工/學生 (需持有效學生證)、香港大學專業進修學院校友會會員)

D 共4講，每周1講

防癌健康飲食小組



☎ 2975 5881

✉ dietclin@hkuspace.hku.hk



都市人的飲食模式會提高患癌風險？進食某些食物會致癌？註冊營養師會為學員拆解常見的防癌飲食謬誤，並提供防癌飲食建議和指引，助學員實踐健康飲食，以達至預防癌症之效。(不包括為個別人士提供餐單/建議)

\$ HK\$960; HK\$864 (優惠適用於香港大學/香港大學專業進修學院員工/學生 (需持有效學生證)、香港大學專業進修學院校友會會員、50歲或以上年長學員)

D 共4講，每講1小時

Food Science

食物科學

Advanced Certificate in Food Science

Programme Code: HS126A

Application Code: 2080-HS126A

☎ 2975 5878

✉ wy.lam@hkuspace.hku.hk



The programme aims to provide students with the knowledge of food science, including chemical and analytical aspects of food components, relation of microorganisms and food as well as principles of food processing and preservation techniques.

R Applicants shall:

- I.
 - a) hold a bachelor's degree awarded by a recognized university; or
 - b) hold a higher diploma awarded by a recognized institution with at least 2 years related work experience e.g. food and catering industry; or
 - c) have gained in the HKCEE Grade E in 4 subjects (not including English Language) with at least 5 years work experience; or
 - d) have gained in the HKDSE Examination level 2 in 4 subjects (not including English Language) with at least 4 years work experience;

and

- ii) hold an Advanced Certificate in Nutrition awarded within the HKU system through HKU SPACE or equivalent;

AND

II. provide evidence of English proficiency, such as

- i) HKCEE English Language (Syllabus B) at Grade E or English Language (Syllabus A) at Grade C or English Language (in or after 2007) at Level 2; or
- ii) HKDSE Examination English Language at Level 2;

AND

- III.
 - i) have successfully completed the HKU SPACE Human Biology and Organic Chemistry I short course; or
 - ii) have a pass in the HKCEE Chemistry and Biology; or
 - iii) have gained in the HKDSE Examination at Level 2 in both Chemistry (or Level 3 in Combined Science (Chemistry)) and Biology (or Level 3 in Combined Science (Biology)) or equivalent.

\$ HK\$17,500

Application Fee: HK\$150

D 5 months

Q Level 5 (Reg. No.: 15/002999/L5) Validity Period: 02 Oct 2015 - on-going



Dietetic Clinic for Teaching and Research
營養學治療及教研中心



NCR1

This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，本課程屬獲豁免課程。

NCR2

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR3

These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance. 根據《非本地高等及專業教育(規管)條例》，這些課程屬獲豁免課程。It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance. 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

Food Science

食物科學

Advanced Diploma in Food Business Management

This Advanced Diploma consists of an Advanced Certificate in Quality Control and Food Safety Management and an Advanced Certificate in Food Science Management.

Advanced Certificate in Quality Control and Food Safety Management

Programme Code: HS024A

Application Code: 2060-HS024A



The programme aims to provide students with the knowledge of food safety, food hygiene management as well as principles and regulations for quality assurance. This certificate has been recognised by Food and Environmental Hygiene Department as equivalent to Hygiene Managers training course.

- \$** HK\$15,800 / HK\$11,500 (Advanced Certificate with Module A exemption)
Application Fee: HK\$150
- D** 5 months
- Q** Level 4 (Reg. No.: 07/002027/4) Validity Period: 05 May 2008 - on-going

Advanced Certificate in Food Service Management

Programme Code: HS003A

Application Code: 2035-HS003A



The programme aims to provide students with the knowledge of the operation of the foodservice system and basic management skills. Students who successfully complete this certificate and Advanced Certificate in Quality Control and Food Safety Management will be awarded the HKU SPACE Advanced Diploma in Food Business Management. These programmes equip students to take up supervisory duties in the food industry.

- \$** HK\$16,500/ HK\$13,200 (Advanced Certificate with Module A exemption)
Application Fee: HK\$150
- D** 5 months
- Q** Level 4 (Reg. No.: 07/002028/4) Validity Period:
05 May 2008 - on-going

[More details](#)



For details, please refer to the common information below.

- ☎** 2975 5881
- ✉** winnie.pyw.chan@hkuspace.hku.hk
- R** Applicants shall:
 - a) have gained five passes in the HKCEE (including English Language at Level 2*) with at least 1 year related work experience e.g. food and catering industry; OR
 - b) have gained in the HKDSE Examination Level 2 in 5 subjects including English Language with at least 1 year related work experience e.g. food and catering industry; OR
 - c) (i) be mature students over the age of 25 with extensive work experience; AND
(ii) provide evidence of English proficiency, such as HKCEE or HKDSE English Language at Level 2*.

* Preference will be given to those who are recommended by employers.

食品創新與科學 (高中應用學習) 證書

課程編號: HS187A

- ☎** 2520 4613
- ✉** carmen.wong@hkuspace.hku.hk

本課程旨在:

- 培養學生對食品創新、科學和技術中各種概念和技術技能的認識和理解
- 幫助學生探索不斷變化的食品創新產業的就業機會，並為促進該產業的發展做好準備

- D** 2年
- Q** 資歷架構級別: 3 資歷名冊登記號碼: 20/000699/L3
資歷名冊登記有效期: 2021年1月1日 - 2025年12月31日

Geriatric Care

老年護理

Advanced Diploma in Health Studies (Integrated Health and Social Care)

Programme Code: HS183A

Application Code: 2035-HS183A

- ☎** 2975 5687
- ✉** nursing.health@hkuspace.hku.hk

The programme aims to equip students with essential health care knowledge and nursing skills in carrying out the caregiver's roles in community care settings. It addresses preventive care, shared care by multidisciplinary teams, patient empowerment and the use of technology in health care delivery. It also applies the integration of care with respect to the emphasis of responsibility, point of care and individuals' experience.

- R** Applicants must have obtained:
 - HKDSE Examination Level 2 or above in five subjects* including English Language and Chinese Language#; or
 - the Certificate in Health Studies (Integrated Training for Health Worker) awarded within the HKU system through HKU SPACE; or
 - an equivalent or higher academic qualification.
- * Applicants are allowed to use not more than two Applied Learning (ApL) subjects in the application. The recognition of the ApL subjects is as follows:
 - "Attained with Distinction (II)" is deemed equivalent to Level 4 or above in the HKDSE Examination;
 - "Attained with Distinction (I)" is deemed equivalent to Level 3 in the HKDSE Examination; and
 - "Attained" is deemed equivalent to Level 2 in the HKDSE Examination.
- # ApL Chinese (for non-Chinese speaking students) would be accepted as an alternative Chinese Language qualification.

- \$** HK\$37,680
Application Fee: HK\$150
- D** 15 months
- 🇬🇧** English
- Q** Level 4 (Reg. No.: 20/000569/L4) Validity Period: 01 Sep 2020 - on-going

健康學證書 (保健員統一訓練)

課程編號: HS181A

報名代碼: 2045-HS181A

- ☎** 2975 5687
- ✉** nursing.health@hkuspace.hku.hk

此課程旨在為學員提供基本及實務的院舍護理知識和照顧技巧，並為院舍專職照顧人員及居家護理照顧者進行專業護理的技能培訓，以及透過實習，為有護理需要的長者及殘疾人士提供適切照顧。

- R** 申請人應該:
 - 已完成香港中學會考課程包括中、英文科; 或
 - 於香港中學文憑考試，在不多於兩次文憑試中，參加最少五科考試，包括中、英文科*; 或
 - 已完成社會福利署認可的「護理員進階訓練證書」課程。或
 - 具有同等學歷。
- * 應用學習課程乃高中課程下的選修科目，學員可包括不多於兩科應用學習科目作為部份入學條件:
 - 「達標並表現優異 (II)」相等於香港中學文憑考試第四級或以上的成績;
 - 「達標並表現優異 (I)」相等於香港中學文憑考試第三級的成績;
 - 「達標」相等於香港中學文憑考試第二級的成績。

非華語學員申請入學時，如只有「應用學習中文」成績，亦獲接納。
[詳情請參閱教育局網頁 <http://www.edb.gov.hk/apl>]

- \$** HK\$28,630
報名費用: HK\$150
- D** 9個月
- 🇬🇧** 粵語 (除單元二以英語授課)
- Q** 資歷架構級別: 3 資歷名冊登記號碼: 20/000101/L3
資歷名冊登記有效期: 2020年4月1日 - 持續有效

See legend on page 026 圖像說明於第 026 頁

- R** Minimum Entry Requirements 基本入學要求 (P.015)
- \$** Fee 學費
- D** Duration 修業期
- 🇬🇧** Medium of Instruction 教學語言
- Q** Qualifications Framework 資歷架構
- E** Exemption 豁免
- S** Short Course 短期課程

For more and latest programme information, please visit our website
有關最新課程資訊及詳情，請瀏覽學院網站 hkuspace.hku.hk